

# FROM ATTRACTION TO DATING TO COMMITMENT

## CHECKLIST

1. WHERE ARE YOU NOW?
2. ARE YOU READY FOR LOVE?
3. DO YOU BOTH FEEL THAT SPECIAL ATTRACTION?
4. YOUR EARLY INTERACTIONS AND FIRST IMPRESSIONS
5. WHAT YOUR MAN FEARS HE MAY LOSE IN EXCLUSIVE RELATIONSHIP WITH YOU
6. WHAT YOU MAY LOSE IN EXCLUSIVE RELATIONSHIP WITH YOUR MAN
7. WHAT YOU MAY BOTH LOSE IN EXCLUSIVE RELATIONSHIP WITH EACH OTHER
8. GENERAL COMMITMENT ISSUES
9. HIS COMMITMENT ISSUES TO TAKE SERIOUSLY
10. YOUR COMMITMENT ISSUES TO CONSIDER
11. YOUR RELATIONSHIP COMPATIBILITY
12. RELATIONSHIP TESTING PERIODS
13. DO YOU HAVE THE COURAGE TO COMMIT OR TO LEAVE
14. ARE YOU READY FOR THE 30 DAY LOVE CHALLENGE?

