

LOVE, Touch, Sex and Recovery

with *Dr. Erica Goodstone* _____

“My friend Dr. Erica, thank you for bringing so much more love into our world with your work”

Nancy Matthews, Speaker, Author and Business Advisor

Attendees will learn:

- What interferes with love and what enhances love
- What research reveals about the healing power of touch
- How sex often interferes with recovery
- Why addicts often relapse after successful treatment
- How our hormones regulate our thoughts and behaviors
- How our brain, gut and heart affect the way we love
- How healthy people love, touch and enjoy intimate sex
- Why love is essential for lasting recovery

To create a successful relationship, you need to know who you are, accept yourself and learn how to accept, acknowledge and appreciate your partner. Attendees can apply what they learn immediately to improve their relationships now and in the future.

Attendees will receive a useful study guide and reference materials related to the seminar so they can easily review what they have learned in all their relationships.



Former professor, Dr. Erica is an experienced teacher, licensed and experienced relationship therapist, and an engaging speaker.

She is the author of several books, ebooks, Kindle books, audios and videos about creating loving relationships.

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Creating Loving Relationships

<http://www.drericagoodstone.com/courses/love-touch-heal-relationship-system/>